

Bradford  
Grammar  
School

# Sport Information For Parents

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# Introduction

At BGS we believe that participation in sport is a fundamental part of a broad, well-rounded education.

We cater for boys and girls of all ability in a wide variety of sports and the experiences gained build character, camaraderie and school spirit.

We aspire to excellence, developing our talented athletes whilst providing opportunities for all pupils so that sport is central to school ethos.

Here at BGS we have a strong tradition of success at the highest levels in many sports.

Our PE Games teachers endeavour to get the best out of every pupil through a provision of challenging and fun PE curriculum, which enhances and supports our established games programme.

**Caroline Taylor**  
Director of Sport



## The BGS commitment

As Physical Educationalists, we are committed to:

- Promoting sport as central to the school experience
- Providing top class coaching with excellent equipment
- Exemplifying the values of respect, integrity, discipline and enjoyment whilst actively encouraging sportsmanship.
- Encouraging positive relationships between pupils, staff and parents
- Providing extensive fixture lists for all of our major sports
- Advocating exercise as part of a healthy lifestyle
- Inspiring our pupils to realise their potential.

## The Parental Commitment

As a school, BGS fully understands the importance of having parental support enabling us to continue to offer an extensive fixture programme for your child. Whether you are providing transport for your child, involved with the relevant Parents Associations or cheering from the sideline, your support is valuable and appreciated by every member of staff. Thank you.

# BGS Sports Charter

## Community

When you become part of the team at BGS, you are signing up to all the fantastic opportunities that we offer, both academic and extra-curricular. All teams thrive on the trust and commitment that its members show. We expect all our pupils to represent the school enthusiastically and with pride; we are confident that they will enjoy the experience.

## Commitment

Saturday is very much part of the school week during term time and we expect pupils to be available to represent the school when selected. All fixtures can be found [here](#) and sports use Twitter to provide constant updates.

On occasion there may be an event which will cause a pupil to miss a Saturday fixture such as a wedding. Planned absences should be requested in writing at least two weeks prior to the fixture concerned, preferably earlier. All requests should be directed to Caroline Taylor, Director of Sport using the following email address: [CAT@bradfordgrammar.com](mailto:CAT@bradfordgrammar.com)

Unforeseen circumstances may also require a pupil to miss a fixture, if your child is ill or injured for example. In such situations wherever possible you should communicate with the member of staff responsible for your child's team. If you have any last minute problems (Saturday) please call Caroline Taylor, the Director of Sport on 07970 499325, who will ensure that the information is passed to the relevant staff.

# Aims

Our aim is to encourage both participation and elite performance.

BGS is nationally renowned for its sporting excellence and in developing world-class athletes. We inspire pupils at BGS to engage in and enjoy a balanced school life where sport is highly valued.



We appreciate that success is not simply measured in results; we pride ourselves on considering each child as an individual and we strive to help them to reach their potential.

### Attitude

We have chosen five words to characterise our core 'sporting' values:

- Respect - towards each other, opponents, officials, equipment, facilities and for sport generally
- Integrity - honesty, reliability and honour
- Sportsmanship - fair play and grace
- Discipline - acceptable patterns of behaviour; focussed
- Enjoyment - pleasure that results from sport.

### Our Vision

- BGS will develop it's profile in the region and nationally for sporting excellence and delivering world class athletes
- We will inspire all pupils at BGS to engage in and enjoy a balanced school life where sport is highly valued.

### Touring

Touring is a chance for pupils to test themselves against schools that are out of our circuit and is an integral part of sport at BGS. The wider benefits are significant and playing teams around the world is a unforgettable experience.

### Communication

We will communicate with pupils and parents in the following ways:

- All fixtures will be on the website, which also provides relevant match day information and team sheets
- We provide live feeds through our Social media accounts
- Team sheets are displayed for pupils on the relevant notice boards.

### Our mission

- BGS has a proven track record in sporting success and sport has always been an integral part of school life.



# Expectation of the pupils

## Kit

The school kit is provided by Tacklebag and can be purchased online, using the following link:

[bit.ly/Tacklebag](http://bit.ly/Tacklebag)

There are some items which are compulsory and all pupils will need these items in order to take part in curriculum PE and Games. There are also items that individual sports require for fixtures.

When fixtures are being played, all pupils act as ambassadors for the school, and the expectation is that they wear appropriate uniform or kit, depending on what their sport requires.

## Conduct

It goes without saying that we expect all pupils' behaviour to be exemplary at all times, and this is just as important when they are representing BGS at sports fixtures.

We expect our pupils to show respect for staff, parents and their opposition at all times and failure to do so will result in appropriate sanctions. We fully appreciate how seriously our boys and girls take their sporting achievements, and positive behaviour will also be rewarded.

# PE Curriculum

The PE Curriculum has been designed in Key Stage 3 (Years 7 to 9) to give our pupils a wide variety of options. The school year is split into four blocks, as you can see below. We actively encourage the pupils to acquire skills and confidence allowing them to enjoy a variety of sports and physical activities. Physical literacy is just as important as the ability to read and write. The most important step towards developing physical literacy is mastering fundamental movement skills, such as throwing, catching, jumping, swimming and running.

We have a full block of swimming, and depending on the abilities of the groups, we will look at stroke technique, water polo and lifesaving skills. We believe it is an essential life skill to be able to swim and actively encourage all of our pupils to participate. We also have a block of athletics (boys), or badminton/hitting and striking (girls). The table below shows our PE Curriculum for KS3.





# Games Curriculum

At BGS, we offer a variety of sports within our games lessons and this expands as the pupils progress through their career here. We have a priority sport(s) in each term for boys and girls, which means that staff running this sport will select pupils to participate and the remaining pupils will have other options. The priority sports for boys are Rugby XV, Rugby VII's and cricket and for girls; hockey and netball in terms one and two, and tennis in term three.

The other sports you can see in the tables below are no less important, and they do have a competitive element of performance (with fixture programmes).

We also have a number of extra-curricular sports that offer recreational opportunities.

## PE Curriculum (Boys KS3)

	Term 1	Term 2	Term 3	Term 4
Year 7	Ball Skills/ Adapted Games OR Swimming	Swimming OR Health Related Exercise	Health Related Exercise OR Ball Skills/Adapted Games	Athletics
Year 8	Health Related Exercise OR Ball Skills/Adapted Games	Swimming	Health Related Exercise OR Ball Skills/Adapted Games	Athletics
Year 9	Health Related Exercise OR Ball Skills/Adapted Games	Swimming	Health Related Exercise OR Ball Skills/Adapted Games	Athletics

## PE Curriculum (Girls KS3)

	Term 1	Term 2	Term 3	Term 4
Year 7	Cricket Skills	Health Related Exercise	Badminton	Swimming
Year 8	Health Related Exercise/Cricket Skills	Health Related Exercise/Cricket Skills	Badminton	Swimming
Year 9	Health Related Exercise OR Cricket Skills	Health Related Exercise/Cricket Skills	Badminton	Swimming





# Extra-Curricular Sport

## Games Curriculum (Boys KS3)

	Term 1	Term 2	Term 3
Year 7	Rugby (15s)	Rugby (7s)	Cricket
	Rowing	X-C	Tennis   Rowing
Year 8	Rugby (15s)	Rugby (7s)	Cricket
	Rowing	X-C   Cric   ROW	Tennis   Rowing
Year 9	Rugby (15s)	Rugby (7s)	Cricket
	Rowing	X-C   Cric   ROW	Ten   Row   Ath

At BGS, we are extremely proud of our sporting prowess, and we work very hard with the pupils in order for them to achieve their potential. There are sessions before school in the gym, including training for the rowers, rugby players and swimmers. At lunchtime, the school is a hive of activity, with practices for all sports. There are also planned sessions after school. You can see a full programme of our extra-curricular activities by clicking on the link below:

[Co-curricular activities programme](#)

## Games Curriculum (Girls KS3)

	Term 1	Term 2	Term 3
Year 7	Netball/Hockey	Netball/Hockey	Tennis
			Athletics   Rounders
Year 8	Netball/Hockey	Netball/Hockey	Tennis
		X-C   Rowing	Athletics   Rounders
Year 9	Netball/Hockey	Netball/Hockey	Tennis
	Rowing	X-C   Row	Ath   Row   Round





# Badminton

Badminton Club operates an open door policy for all age groups. Pupils (and staff) are welcome to come along and just play badminton for the sheer joy of it.

The atmosphere is relaxed and a good standard of play is promoted at the sessions. You do not have to be an expert to come along as your skills will develop with help and advice from staff coaching.

All welcome.

# Athletics

Athletics forms an important part of the PE curriculum and is enjoyed by our pupils during summer term. Event training and coaching takes place in lessons and extra-curricular time. Our athletics teams compete in the Bradford Schools' League, the English Schools Cup and for the District in the West Yorkshire Schools' Championships.

In addition to this we compete strongly in Independent Schools Meets in the North of England. Some of our pupils go on to represent the county at the English Schools Championships.

[Follow us on Twitter](#)





# Cricket

The school has a long and successful tradition of playing competitive cricket. It is the main summer sport played at BGS and the school runs many teams for our finest cricketers. Led by experienced, committed and knowledgeable members of the teaching staff, pupils also benefit from the advice and expertise of a professional coach.

The vast majority of matches are played on a Saturday with mid-week Cup and friendly fixtures supplementing the competitive programme. The school has a long and proud history of touring to destinations including Barbados, Kenya, the USA and Canada, Trinidad and Tobago, Sri Lanka and Grenada.

[Follow us on Twitter](#)

# Hockey

Hockey is one of our major sports that gives pupils the opportunity to really develop their teamwork. For many, it also allows them to represent the school locally and nationally and for the elite to gain access to regional and national squads. Pupils also benefit from the advice and expertise of a professional coach.

[Follow us on twitter](#)





# Rounders

Rounders is a very popular summer sport giving pupils the opportunity to work as a cohesive team and to represent school in fixtures. Pupils particularly enjoy using their tactical knowledge to outwit their opponents.

There is the opportunity for all girls to take part in Rounders with fixtures taking place on a weekday and on a Saturday.

# Netball

Netball has continued to grow over the last few years, with the U16's progressing through the National Schools' Competition and the 1st VII reaching the last four in the Independent Schools Plate competition. The Senior netball players regularly embark on an overseas tour to destinations such as Australia, where they compete against some of the best junior netball teams in the world.

The girls work hard throughout the season, playing every Saturday against opposition from Manchester, Newcastle and Nottingham, as well as playing regular midweek fixtures in the Bradford Schools League. We like to give everyone who wants to play netball the opportunity to represent BGS. Pupils also benefit from the advice and expertise of a professional coach.

[Follow us on Twitter](#)

[The Netball Parents' Association](#)





# Rowing

Rowing is a very popular activity at BGS enjoyed by both boys and girls, and is not a sport offered by many schools in the region. The Rowing Club's approach is one of steady and progressive development in a safe environment with opportunities for pupils to compete at local, regional and national level.

Regular events include Head races (which are timed distance events) through the Winter and Spring, and Regattas during the Summer, including Bradford, York, Durham and Tees. We also enter the National School's events and the British National Championships. In October every year our top athletes have the opportunity to attend a training camp in the Netherlands hosted by Salland Rowing Club and to compete in the Vecht Race a Head race that actually starts in Germany!

Pupils also benefit from the advice and expertise of two professional coaches.

[Follow us on twitter](#)

[The Rowing Parents' Association](#)

# Rugby

Bradford Grammar School's Rugby programme strives to foster a love of the sport within its pupils. We aim to deliver an enjoyable and challenging experience to all pupils regardless of their previous experience and ability.

As a school, we are fortunate to have a dedicated and highly qualified Rugby team who cater for children of all abilities. From a Year 7 pupil who is picking up a ball for the first time, to an academy player performing at the highest level. Pupils have the opportunity to represent the School at A and B team level in all age groups. In addition to fixtures every Saturday during the Autumn Term the school also enters teams into the Natwest Schools' Cup, the Daily Mail Trophy, Rosslyn Park Sevens Festival and many local and national Sevens tournaments.

Our senior squad pupils, in years 10 to 13, benefit from a highly professional structure which includes; access to weekly visits from a physio therapist; strong links with Yorkshire Carnegie and personalised strength and condition programmes delivered weekly by the club's academy S and C coaches. The professional tone is set each year by a pre-season camp for all 1st and 2nd XV players. Typically held in late August, BGS pupils gain access to some of the highest quality training facilities available. Every other year these camps are held overseas and thus afford BGS pupils an opportunity to experience Rugby within another culture. Pupils also benefit from the advice and expertise of a professional coach.

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[The Rugby Parents' Association](#)

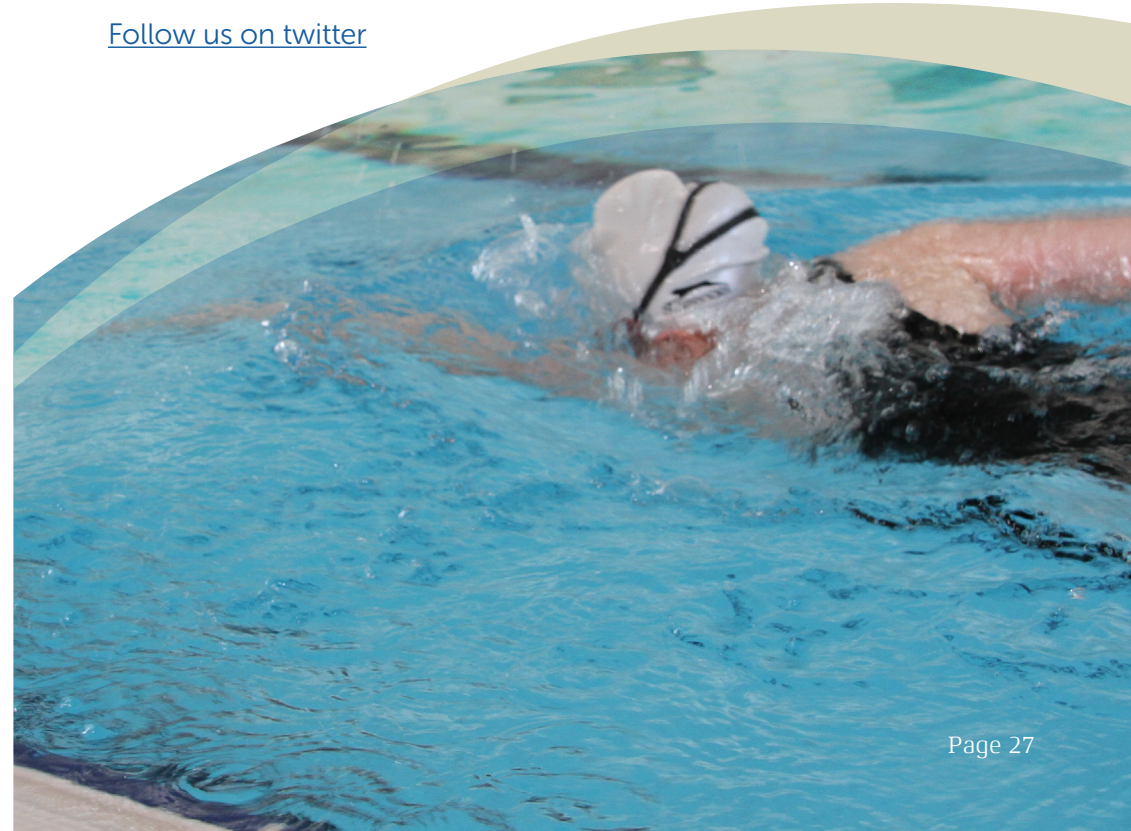


# Swimming and Waterpolo

The 'Adrian Moorhouse' pool boasts a 25m competition, six lane pool. It is a popular facility where pupils have the opportunity to expand their swimming skills through activities such as water polo, lifesaving and competitive swimming.

The swimming pool is available for length swimming every morning for all pupils. Lifeguarding is provided by a fully trained pool lifeguard from our Sixth Form. Pupils take advantage of this opportunity and choose to swim leisurely lengths. Pupils also represent the school teams in local, regional and national competitions. Pupils also benefit from the advice and expertise of a professional coach.

[Follow us on twitter](#)



# Squash

The BGS Squash Club caters for all levels of player. Our ultimate aim is to enable all pupils to achieve their maximum potential whilst enjoying the routines and controlled games used during coaching sessions.

The Club uses the squash courts in School and at Heaton Tennis and Squash Club. We also benefit from some professional coaching, funded by England Squash.

[Follow us on twitter](#)



## Table Tennis

Pupils have the opportunity to play table tennis for recreation, to represent School and to take part in individual competitions. We participate in the Bradford and West Yorkshire Schools' table tennis partnership competitions and compete in the English Schools' Team Competition.

BGS is the strongest school in West Yorkshire with teams usually reaching the regional round of the English Schools Table Tennis Association (ESTTA) competition.

In 2016 we had two girls' teams in the ESTTA Team Finals both finishing second. Pupils are successful in West Yorkshire Schools individual competitions and a number of players attend coaching sessions at various clubs in and around West Yorkshire. A number of pupils are members of regional development training squads and represent West Yorkshire in national competitions.

## Tennis

BGS hosts tennis tournaments each year. The boys' teams take part in the HMC tournaments, Northern Schools Tournaments, Youll Cup, Thomas Bowl and Phillips Cup tournaments at Eton.

The girls' teams take part in HMC Mixed Tournaments, Aegon schools team tennis competition, the Road to Wimbledon national competition, Tennis Festivals, Aberdare Cup, National Schools' tournaments, the Jubilee Cup and ISTA Ashbury Bailey and Loveband tournaments at Eton. All tennis teams have the opportunity to tour, with an annual trip for the Under 15s and below and a two-yearly overseas tour for the older teams.

[The Tennis Parents' Association](#)



# Staffing

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# Bradford Grammar School

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